

## Resveratrol

### DESCRIPTION

Resveratrol, provided by Douglas Laboratories, supplies 200 mg of pure, Resvida™ trans-resveratrol in vegetarian capsules.

### FUNCTIONS

Resveratrol is a naturally occurring plant polyphenol commonly found in grape vines and skins. Resveratrol is highly regarded as an antioxidant and may play important roles in supporting normal cardiovascular and mitochondrial function. † Resveratrol may also be useful in supporting sustained muscle function and reducing muscle fatigue. † Recent studies demonstrate that it can help maintain normal oxidative responses in human and animal cells. Other studies indicate it may also be supportive in maintaining the normal aging process, by helping to prevent free radical damage that can lead to premature aging of cells. † This product contains Resvida®, a pure resveratrol clinically studied for its safety. Resvida is unique among other resveratrol-containing ingredients, as it is not a plant extract, is not derived from plant sources and presents no risk for contamination with pesticides and other potentially unwanted compounds.

### INDICATIONS

Resveratrol may be a useful supplement for individuals wishing to consume this well known antioxidant.

### FORMULA (#200244)

1 Vegetarian Capsule Contains:

Resveratrol (as trans-resveratrol) .....200 mg

Other ingredients: Cellulose (capsule), microcrystalline cellulose, vegetable stearate, silica and titanium dioxide.

### SUGGESTED USE

Adults take 1 capsule daily with meals or as directed by your healthcare professional.

### SIDE EFFECTS

No known side effects reported.

### STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

### REFERENCES

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**For more information on Resveratrol visit [douglaslabs.com](http://douglaslabs.com)**

† These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

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Your patients trust you.**

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